

## Watson in Healthcare

Reykjavik, 22.2.2017





## A break through





### **Our mission**

We, Watson Health, aspire to improve lives and give hope by delivering innovation to address the world's most pressing health challenges through data and cognitive insights.

#### There's a gap in the accuracy of treatment decisions.

As many as 44% of all initial cancer treatments are modified on the second course of treatment.<sup>1</sup>

#### Less than 50% of medicine is evidence based.<sup>2</sup>

An epidemiologist would have to read 167 hours a week to keep up with new professional insight.<sup>3</sup>

#### Aging populations can't be served.

25% of Japan's population is over 65, growing to 40% by 2060.4



IBM Watson Health // SOURCES:

1. Journal of Clinical Oncology, Talk about Health Blog, Sept 2011

2. www.washingtonmonthly.com/features/2007/0710.brownlee.html

http://www.economisc.com/blogs/babbage/2013/02/computer-aided-medicine
"Population Statistics of Japan 2012". National Institute of Population and Social Security Research. January 2012.

#### IBM

## Why we need more than 0,1% of data that could improve our health to be analyzed



## So how can Watson and Cognitive Computing help?

**Cognitive:** of, relating to, or involving **conscious mental activities** (such as thinking, understanding, learning, and remembering)<sup>1</sup>

Cognitive computing is a new computation paradigm that...



learns and builds knowledge from various structured and unstructured vast sources of information;



understands natural language and interacts more naturally with humans;



captures the expertise of top performers and accelerates the development of expertise in others;



enhances the cognitive process of professionals to help improve evidence based decision making; and



elevates the quality and consistency of decision making across an organization

Source[1]: Merriam-Webster Dictionary. [Online]. Available at: http://www.merriam-webster.com/dictionary/cognitive

Our goal is to provide insights beyond human cognition

## From published knowledge

Proliferation of medical literature





~700 K new

scientific

Institutional Knowledge To insights for the individual

## Data Generated (per life)

Exogenous data (Behavior, Environment . 1,100 Terabytes

Genomics 6 Terabytes

Clinical data 0.4 Terabytes

## **Case study: Accelerating discovery**

- Using a Watson-powered solution developed with with Baylor College of Medicine to reads and analyzes millions of scientific papers and suggests to researchers where to look and what to look for
- In the last 30 years, scientists have uncovered 28 protein targets.
- The Baylor team found 6 in around 30 days.





IBM

# Dec 14, 2016: IBM's Watson supercomputer discovers 5 new genes linked to ALS



## Watson Health is built upon a secure platform of data, knowledge, analytics and industry specific solutions



Watson Health derives overnight data primarily from a large network of clinicians (Explorys) and payers (Truven). Some data points for Explorys



#### Explorys data represents an unmatched breadth & depth



### **Example: Diabetics within Explorys**

#### Disease Description

A group of diseases that affect how the body uses glucose (Source: Mayo Clinic)

#### Search Parameters

• Diagnosis: Diabetes mellitus (Aligned to SNOMED CT terminology system)

#### Explorys Population 3,053,960 patients ever diagnosed 1,751,210 patients diagnosed in the last 3 years 977,130 patients diagnosed in the last year



1(xx%) represents the percentage of patients in Explorys with the featured disease that are diagnosed with the co-morbidity / concomitant condition

Source: IBM Explorys Data pulled November 4, 2015

## Population Health Management is becoming critical in most societies - Diabetes is one of our focus areas

- Analytics to identify care opportunities and interventions for individuals in healthy populations that need preventative measures
- Provider-led intervention and engagement of patient populations, from preventative wellness through disease management
- Applications to manage outreach, engagement and on-going interactions with patients
- Over 50 measures and 45 protocols for assessing diabetic and prediabetic patients
  - HbA1c testing (1/6mo, 1y, 2y)
  - Nephropathy Screening
  - Missing Foot Exam
  - .....



IBM



IBM Watson (Health) is open for participation & partnerships across the entire value chain

## Medtronic

Medtronic build glucose monitoring devices with Watson that can predict hypoglycemia up to 3 hours in advance of onset.

IBM Watson // ©2016 IBM Corporation

### Café Well , Welltok – powered by IBM Watson



## **Partnership with Finland**

Improve wellness, precision healthcare & create growth





#### Sep 14, 2016, 07:00 ET - News provided by

HELSINKI and CAMBRIDGE, Mass., Sept. 14, 2016 /PRNewswire/ -- TEKES -- the Finnish Funding Agency for Innovation (TEKES) and IBM (NYSE: IBM) today announced a partnerships.

- Central Health cloud for all data (Biobank, Genomics, Hospital)
- Collecting data from wearable devices for citizens
- Spark innovation around their data using Watson Health AI and predictive analytics capabilities on top of health cloud
- With Finnish citizens at the center as the ultimate beneficiaries. This partnership with IBM Watson Health will position Finland to be a forerunner in digitalizing healthcare in the Nordics, Europe and the rest of the world.



Tokes - the Finnish Funding Agency for Innovation and IBM sign a landmark collaboration that will enable Finland to utilize Watson cognitive computing across its health ecceystem. From left to right Maart Palo (IBM), Tuomo Haukkovaara (IBM), Pekka Soini (Tekes) Mira Lautanelo (Tokes)

### Potential benefits: Growth, employment and new opportunities

- 1.Make full use of unique and previously untapped data (i.e. biobank, genomic, wellbeing data) and draw significant insights from this data that can have a major impact in its approach on population health, healthcare, innovation, and more.
- 2.Be better positioned to attract increased activity and investment from foreign companies and use the gained insights to export health innovation to other countries and monetizing innovations, due to its ability to securely host massive volumes of meaningful and previously unused health data and apply cognitive analytics on this data to generate unique insight.
- 3. The insights that can be generated from the Watson Health Cloud and ecosystem data/solutions can help **fuel the digital health revolution**, locally and globally.

"When you combine care management, population health management, analytics and predictive modeling you really have all the information needed to best manage patients at your fingertips. With all the shifts occurring in the healthcare industry, the promise of that is gigantic."

Stephen Cavalieri, MD Chief Medical Officer Envera Health



## Thank you

Anders Quitzau andersq@dk.ibm.com +45 2880 4705

http://ibmwatson.com http://ibmwatsonhealth.com





### Case study: advancing evidence-based care

- Using a Watson–powered solution, clinicians were quickly armed with evidence-based and confidence-ranked treatment recommendations
- It takes 17 years, on average, for science to be translated into clinical best practice<sup>1</sup>
- Recommendations based on the patient's condition and medical evidence were available in approximately 30 seconds

#### 29 hours each work day

Required for a physician to stay up-to-date with the latest medical literature



"It is fast, thorough, and has the uncanny ability to understand how the available evidence applies to the unique individual I am treating." --Dr. Stephen Miser, Chief Medical Information Officer



26

Cognitive systems are creating a new partnership between humans and technology.

TBM



## IBM Watson portfolio



W.I.P.